

# CS

## HEALTH & BEAUTY ISSUE

15 Innovative Spa Treatments  
Beauty Tips & Tricks From the Pros  
The MCA's Cutting-Edge New Arrival

...and Our Fave A-Listers:  
Molly Sims, Mila Kunis,  
Kate Walsh and more!



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MODERNLUXURY.COM



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# MODERN LUXURY'S TOP FIVE

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The hottest products,  
exclusive events and special  
opportunities from our  
advertising partners.

## >>> 1. CANYON RANCH HEALTH RESORT IN TUCSON, ARIZONA



Escape from the cold this winter and discover the getaway that can change your life. At Canyon Ranch in Tucson Arizona, nestled in the spectacular, sunny desert of Southern Arizona, you'll find total relaxation and greater balance through fitness, nutrition and healthy lifestyle. Redesign the way you live - or just play, rest and let go. Canyon Ranch is one of the world's great vacations and a legend among savvy travelers for more than 30 years.  
800.742.9000 | canyonranch.com

## >>> 3. ANI LEE OVERTURE AT SOFIA



Ani Lee Overture is the collaboration between designer, Ani Lee and co-owner of Sofia, Ashley Zisook. They created Ani Lee Overture for the official "Sofia girl" who is a fun loving, chic and sexy Chicagoan. All the pieces in the collection are named after each individual's personal style at Sofia. Ani Lee Overture consists of vintage-inspired designs, with opulent textures and formfitting silhouettes, prices range from \$150 to \$450. Ani Lee's Spring 2011 line arrives the first week of February. Check out this Ani Lee Overture "Carly" dress, \$425, made from vintage fabrics designed by one of Karl Lagerfeld's former textile designers.  
72 E. Oak St. | 312.640.0878  
sofiavintage.com

## >>> 2. JIM KARAS PERSONAL TRAINING



You may know about JKPT from their work with celebs like Diane Sawyer and Hugh Jackman, but they've been in your backyard for 25 years. This exclusive luxury service has workouts to fit every budget in your home or in their studios. Known for achieving results with their cardio-free philosophy, you'll get a smarter workout - not a longer one! "If you are exercising and dieting without results, there's a reason why...and we know the answer," says Jim Karas. 2669 North Lincoln Ave. | 773.244.0123  
jimkaras.com

## >>> 4. MORRIS & SONS

For 58 years Morris & Sons has earned the trust of sophisticated customers the world over. Offering the finest luxury apparel for men and women. Personalized service, expert tailoring and free parking. Check out some of the hottest trends for the season, including this Zilli Deerskin leather jacket from France, 100 percent cashmere lined at \$12,500. 557 W. Polk St. | 312.243.5635  
morrissandsons.com



## >>> 5. CUVÉE

This winter, check out downtown entertainment's latest nightlife hotspot. Cuvée located in the sophisticated River North neighborhood. Cuvée is a term that refers to the best selection used for the premier champagnes of the world. As the name suggests, every element of this lounge has been thought over, resulting in a intimate yet exciting atmosphere. Cuvée features the world's finest champagnes and cocktails. Table reservations are highly recommended.  
308 W. Erie St. | 312.654.1230  
cuveechicago.com

